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Penn Medicine: \$45 Million NIH-Supported Trial to Study Testosterone Therapy in Older Men

Penn Medicine will lead a new national \$45 million clinical trial to test whether testosterone therapy can favorably affect certain conditions affecting older men. Low serum testosterone may contribute to a number of problems affecting older men, including decreased ability to walk, loss of muscle mass and strength, decreased vitality, decreased sexual function, impaired cognition, cardiovascular disease and anemia. While testosterone normally decreases with age, in some men, low levels of testosterone may contribute to these debilitating conditions.

Led by the University of Pennsylvania School of Medicine and conducted at 12 sites across the nation, the Testosterone Trial will involve 800 men age 65 and older with low testosterone levels. The National Institute on Aging (NIA), part of the National Institutes of Health, is providing support for this large-scale clinical trial to evaluate the effect of testosterone therapy on older men.

The Testosterone Trial will include five separate studies. At each of the 12 sites, men 65 and older with low serum testosterone and at least one of the following conditions—anemia, decreased physical function, low vitality, impaired cognition or reduced sexual function—will be randomly assigned to participate in a treatment group or a control group. Treatment groups will be given a testosterone gel that is applied to the torso, abdomen, or upper arms; control groups will receive a placebo gel. Serum testosterone will be measured monthly for the first three months and quarterly thereafter up to one year. Participants will be tested on a wide range of measures to evaluate physical function, vitality, cognition, cardiovascular disease, and sexual function.

Penn's School of Medicine is the lead institution for the trial and will serve as coordinating center. Dr. Peter J. Snyder, professor of medicine in the Division of Endocrinology, Diabetes and Metabolism at Penn, is the principal investigator and will oversee trial activities. "This is an unprecedented opportunity for older men to learn more about themselves and at the same time help find out if testosterone will improve some of the afflictions of old age," said Dr. Snyder.

A 2004 report by the Institute of Medicine, "Testosterone and Aging: Clinical Research Directions," noted several important unanswered questions about the effects of testosterone therapy. Researchers aim to answer these questions by testing the effectiveness of testosterone therapy in older men with low testosterone levels and one of the following conditions: impaired walking, low vitality, sexual or cognitive dysfunction. A key consideration is the use of testosterone as a therapy for certain conditions, rather than as a preventive measure.

"This study is important because testosterone products have been marketed for many years as treatments for a variety of conditions," said Dr. Evan C. Hadley, director of NIA's Division of Geriatrics and Clinical Gerontology, which is the primary funder of the trial. "We hope this trial will establish whether testosterone therapy results in clear benefits for older men."

Penn GSE and 15 APEC Member Economies: International Study in Science and Math Teacher Preparation

The University of Pennsylvania Graduate School of Education-International is teaming up with 15 other members of the Asia-Pacific Economic Cooperation to conduct an international study on secondary-school teacher preparation, "Identifying Unique and Promising Practices in Math and Science Teacher Education in APEC Economies."

Led by scholars from around the globe, this four-year research project will illustrate how teacher education and preparation influence student outcomes, fill critical gaps in education research and assess how American teachers can learn from international counterparts.

This study will compare teacher education in the US, Australia, Chile, Japan, New Zealand, Peru, Russia, South Korea, Singapore, Thailand and Vietnam.

"We know that teacher preparation here puts a great deal of emphasis on methodology and psychology and not so much on subject matter. The opposite is true in the East," Dr. Andrew Porter, Penn GSE dean, said. "In our study, we want to identify the right balance in teacher training and find a curriculum that maximizes teacher effectiveness and improves student performance."

The US research team is comprised of scholars from Penn GSE, Harvard University's Graduate School of Education, Columbia University's Teachers College and the Michigan State University College of Education.

Penn Engineering to Compete in MAGIC 2010 in Australia

Students in the University of Pennsylvania School of Engineering and Applied Science have been chosen to compete in the Multi-Autonomous Ground Robotics International Challenge (MAGIC) 2010 competition. The Penn team, led by Dr. Daniel Lee, the Evan C. Thompson Endowed Term Professor for Excellence in Teaching, will travel to a remote location in Australia and map a half-kilometer-square space of uncharted territory using only team-built robots.

"The materials we use include wheels from remote-control vehicles and sensors from cameras," Dr. Lee said. "In order to maintain our tight budget, smart software is more important than expensive parts." The vehicles have a 40-kilogram weight limit, and, Dr. Lee said, the team will build multiple models.

Penn is one of 10 university/industry teams to receive \$50,000 in seed money to pursue their technology submissions. In addition to Penn, and four other teams from the US, engineers from Australia, Canada, Japan and Turkey will also compete in MAGIC 2010.

Dr. Lee, part of Penn's General Robotics, Automation, Sensing and Perception Lab, (GRASP) an interdepartmental engineering initiative, was previously involved in the Urban Challenge of the Defense Advanced Research Projects Agency (*Almanac* September 25, 2007).

The event will be hosted by the US Army Tank Automotive Research, Development and Engineering Center (TARDEC) and the Australian Department of Defence's (ADOD) Defence Science and Technology Organisation.

"We are excited to move on to the next step in this collaborative, competitive process," TARDEC Director Dr. Grace M. Bochenek



said. "MAGIC 2010 will lead to groundbreaking robotics research in critical new arenas that will address operational challenges, increase energy security and save soldiers' lives."

MAGIC 2010 will be held November 8-13, 2010, in the Australian wilderness. First-, second- and third-place teams will take home \$750,000, \$250,000 and \$100,000 respectively.

Between now and next June, MAGIC judges will visit the semi-finalists to cut the field down to five finalists; each of which will receive an additional \$50,000 to complete their entries.

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Pullout: December AT PENN

The following is published in accordance with the Faculty Senate Rules. Among other purposes, the publication of SEC actions is intended to stimulate discussion among the constituencies and their representatives. Please communicate your comments to Sue White, executive assistant to the Senate Office, either by telephone at (215) 898-6943, or by e-mail at senate@pobox.upenn.edu.

Faculty Senate Executive Committee Actions Wednesday, November 18, 2009

Chair's Report. Faculty Senate Chair Harvey Rubin reported that the Senate committees are working hard on their charges. He notified SEC members that the December meeting will be a discussion format on the topic of the trajectory of the faculty and noted that the meeting will not be held in 205 College Hall. Dr. Rubin explained that the location of the meeting will be announced in a forthcoming e-mail.

2009-2010 Nominating Committee Ballot. SEC members voted for the 2009-2010 Nominating Committee Chair.

Developing a World Class Faculty. Provost Vincent Price updated SEC on the goals to develop and maintain a world class faculty: eminence, diversity, integration, and engagement. He reviewed challenges in the current economic climate including: Penn's endowment in comparison to peer institutions, recruitment and retention of faculty in a competitive environment, work-life balance for faculty, childcare needs, family friendly policies, and pressures on faculty academic leaders. Provost Price outlined opportunities at Penn such as: a strong student body, an outstanding faculty and staff, a commitment to excellence, effective stewardship of resources, and regional strengths. He discussed strategies for faculty development including: assessment and accountability, identification of best practices, tenure and promotion, mid-career development, and retirement. He reviewed new initiatives to address records management and data analysis issues, workshops to improve faculty searches and to orient and train department chairs, and resources available to promote diversity.

Admissions Update. Dean of Admissions Eric Furda reported on the admissions landscape locally at Penn and nationally around the country. He stated that the office has received all early admissions applications as of November 1, noting that Penn receives more early admissions applications than any other university in the country. Mr. Furda outlined admissions outreach efforts including programs such as partnering with the Posse Foundation and the Quest Bridge program that advance the goal of making Penn more accessible to exceptional students who otherwise could not afford an Ivy League education. He expressed interest in utilizing Penn faculty as advocates to talk to potential students noting that MIT and Brown University are both doing this in various ways. SEC discussion focused on topics such as outreach to international students and students in rural areas of the country, gender identification on the online application, and ways that graduate school faculty and retired faculty can help the Office of Admissions.

Multidisciplinary Pilot Grants from the Institute on Aging, ADCC, and Penn Center for Musculoskeletal Disorders: February 5

The University of Pennsylvania Institute on Aging (IOA), with the Penn Center for Musculoskeletal Disorders, and the Alzheimer's Disease Core Center (ADCC) will fund ten one-year multidisciplinary pilot grants in the 2010-2011 academic year to support biomedical, epidemiological, behavioral or health services research, as well as basic science, clinical or psychosocial research.

Two of the pilots, funded by the Penn ADCC, will focus on Alzheimer's disease and related neurodegenerative disorders.

At least one pilot, supported by funds from the Penn Center for Musculoskeletal Disorders, as well as funds from the Penn School of Medicine and a generous matching grant from The Bingham Trusts, should be related to musculoskeletal tissue injury and repair with a focus on aging.

The remaining seven pilots, supported by funding from the Penn School of Medicine and The Bingham Trust, will focus on aging and aging related diseases.

Applicants may consider using data from the National Alzheimer's Coordinating Center. More information can be found at their website: <https://www.alz.washington.edu/>.

The Principal Investigator for each of these 10 pilots must be a member of the Penn full-time faculty from any of the 12 schools. Collaboration with other departments or schools is strongly encouraged.

Each pilot will be funded at a level of up to \$50,000/year for personnel and supply costs, but not equipment or instruments. (Note that due to matching requirements, it is encouraged that budgets equal \$50,000 exactly.) The purpose of these one-year, non-renewable grants is to assist faculty in obtaining preliminary data to serve as the basis of a grant application to the NIH or other public or private agencies concerned with aging, musculoskeletal tissue injury and repair, or Alzheimer's Disease and related neurodegenerative disorders.

Applications will be considered for all pilot grant award programs—for which they are eligible—described in this announcement.

Application Process: Detailed instructions regarding the application process can be found on the IOA's website, www.med.upenn.edu/aging/. For information, contact Kathryn Jedrzejewski, IOA deputy director, at (215) 898-2445 or via e-mail at jedrzmk@mail.med.upenn.edu. Deadline: February 5, 2010. Anticipated date of award: July 1, 2010.

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Deaths

Dr. Glick, Dental Medicine & Medicine



Jane Glick

Dr. Jane Glick, retired faculty administrator for the Cell & Molecular Biology Graduate Group in the School of Medicine, passed away November 15 of injuries from a fall; she was 65.

Dr. Glick graduated from Randolph-Macon Women's College (now Randolph College) in Virginia and then completed her PhD in biochemistry at Columbia University. After post-doctoral fellowships at both the National Institutes of Health and Stanford University, Dr. Glick joined the faculty at Penn in 1975 as a research assistant professor in the School of Dental Medicine. Here Dr. Glick worked closely with colleague Dr. Phoebe Leboy, now professor emerita of biochemistry, to understand the mechanisms of action of tRNA methyltransferases. Dr. Glick then went to the Medical College of Pennsylvania, where she remained on the faculty until 1994, rising to the rank of professor of biochemistry. During this period she published 35 manuscripts on lipid metabolism in the top peer-reviewed journals, focusing on the biochemical controls of cholesterol accumulation. Dr. Glick was awarded the Lindback Teaching Award by the Medical College of Pennsylvania in 1985.

In 1994, Dr. Glick joined Penn Medicine as a senior research investigator, and later, adjunct associate professor in cell and molecular biology. Her scientific accomplishments while at Penn included understanding why macrophages in the arterial wall accumulate cholesterol, becoming "foam cells" that form the bulk of plaque causing heart disease. Dr. Glick also made important contributions to the understanding of what prevents macrophages from effectively removing excess cholesterol and she played a key role in identifying and cloning endothelial lipase, a major regulator of HDL metabolism.

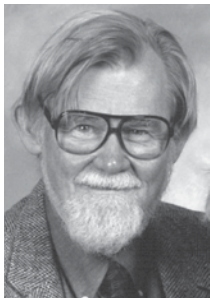
Also in 1994, Dr. Glick became director of education in the Gene Therapy Program, which was later transferred into faculty administrator of the then fledgling Cell and Molecular Biology Graduate Group (CAMB) within Biomedical Graduate Studies. Dr. Glick, along with fellow colleagues Jim Alwine, Jon Raper and Susan Ross, helped to transform CAMB into a national model of excellence by focusing on quality advising. Dr. Glick retired from this position in 2008.

In addition to her faculty and administrator duties, Dr. Glick served on the executive committee of the Philadelphia Antiques Show, which benefits the Hospital of the University of Pennsylvania.

Dr. Glick is survived by her husband, Dr. John Glick, faculty member and administrator in the School of Medicine; daughters, Katherine Anne Cox and Sarah Glick Johnson; grandchildren, Ashley, Andrew, Carter Cox and Walter Johnson; and a brother, Albert Mills, III.

Donations may be made to the Jane M. Glick Graduate Student Teaching Award, University of Pennsylvania School of Medicine, c/o the Development Office, 3535 Market St., Suite 750, Philadelphia, PA 19104.

Dr. Hymes, Former GSE Dean



Dell Hymes

Dr. Dell H. Hymes, dean of the Graduate School of Education from 1975-1987, passed away November 13 from complications of Alzheimer's disease. He was 82 years old.

Prior to coming to Penn, Dr. Hymes held appointments at the University of California, Berkeley and Harvard University. Dr. Hymes joined the Penn faculty in 1965 as professor of folklore and linguistics and of anthropology. Before becoming dean, he had also served as professor of sociology and was associated with the University's graduate groups in communications and in the history and sociology of science. As dean, Dr. Hymes started the linguistics program in GSE. He left in 1987 to serve on the faculty at the University of Virginia in both the anthropology and English departments. He retired from there in 1998 as an emeritus professor.

Throughout his career, Dr. Hymes had taught classes in linguistic anthropology, Native American mythology, ethno-poetics and Native American poetry. He was the author of several books including *Language in Culture and Society*, *Foundations in Sociolinguistics: An Ethnographic Approach*, *Studies in the History of Linguistic Anthropology* and the most recent *Now I Know Only So Far: Essays in Ethnopoetics*.

After interrupting his studies to serve in the Army in World War II, Dr. Hymes graduated from Reed College in 1950. He went on to earn his doctorate in linguistics from Indiana University in 1955.

Dr. Hymes is survived by his wife, Virginia; four children, Vicky Unruh, Robert Hymes, Alison Hymes, and Kenneth Hymes; five grandchildren; two great-grandchildren; and a brother, Corwin Hymes.

Memorial donations may be made to the Charlottesville Center for Peace and Justice (CCPJ), P.O. Box 3381, Charlottesville, VA 22903.

Dr. Katz, Medicine & Presbyterian

Dr. Robert I. Katz, former assistant professor of medicine at the Hospital of the University of Pennsylvania and the Presbyterian Medical Center, passed away October 21. He was 72 years old.

Dr. Katz joined the University in the 1970s. He worked in the Penn Heart and Vascular area of the Presbyterian Medical Center until his resignation in 2001.

According to comments by former patients, Dr. Katz was known for his compassionate care and extraordinary bedside manner.

Dr. Katz graduated from Middlebury College in 1958, and earned his medical degree from Howard University in 1963.

Dr. Katz is survived by his wife, Mimsye; children, Adam, Daniel and Susan; and granddaughter, Isabella.

Memorial contributions may be made to the David M. Katz Scholarship Fund, Boyer College of Music and Dance, Temple University, 1715 North Broad St., Philadelphia, PA 19122, Attn: Tara Webb Duey.

Alex Ryles, Undergraduate Student

Alex Ryles, a sophomore in the College died November 22 at the age of 19. He was an urban studies major. An obit will appear next month.

Memorial Service: Dr. Raffensperger

On Tuesday, December 8 at 6 p.m., the School of Medicine, Division of Gastroenterology will hold a memorial for Dr. Edward C. Raffensperger, professor emeritus of medicine, who died October 2 at 95 years old (*Almanac* October 13, 2009). The memorial will be held in the Austrian Auditorium, 1st floor of the Clinical Research Building, with a reception to follow.

Beef and Beer in Memory of Mr. Stefaniuk: December 10

A Beef and Beer Fundraiser will take place on Thursday, December 10, 5-10 p.m. at the Penn Museum in memory of Jason Stefaniuk, the web developer, programmer/analyst, for the Museum, who died in a car crash on October 4 at age 33 (*Almanac* October 20, 2009). Join friends, family and colleagues for an evening of fun, food, music, raffles and fond memories.

Mr. Stefaniuk was a member of the IT and Digital Media Center staff as the personality behind the Museum's Flickr, YouTube, and Facebook pages and was working on numerous other projects to improve the online and in-museum experience for visitors. Fluent in sign language, he was a contributor to the deaf community in Philadelphia. Penn Museum would like to soon launch guided video tours for the deaf and hearing-impaired to honor Mr. Stefaniuk's memory. Tickets are \$25 per person and all proceeds from this event will go directly towards establishing these tours, see www.penn.museum.

Dr. Tureck, Obstetrics & Gynecology

Dr. Richard W. Tureck, professor of obstetrics and gynecology in the School of Medicine, died October 28, while vacationing abroad with family. He was 60 years old.

Dr. Tureck joined the Penn Medicine department of obstetrics and gynecology as a fellow in 1979 and spent his entire career at Penn, rising to the rank of professor. "Dr. Tureck was the first person to direct our in-vitro fertilization (IVF) program—one of the first in the country," said Dr. Christos Coutifaris, chief of reproductive endocrinology and infertility at Penn. "He did this with enthusiasm, dedication and passion and always put 'patients first.' When, many years later, I became involved with the administration of the program, I experienced first hand how much all the patients appreciated his care and his caring. They absolutely loved him. This says a lot about the lives he touched and the happiness he generated."

Dr. Tureck received his undergraduate degree from Manhattan College and his medical degree from Cornell University Medical College in 1975. After completing his internship and residency in obstetrics and gynecology at The Roosevelt Hospital, the Teaching Hospital of Columbia University Medical College in 1979, he came

to Penn as a fellow in reproductive endocrinology and infertility. Dr. Tureck served as director of Penn's IVF and Embryo Transfer Program from 1982 to 1994, when he became a full professor.

"Dr. Tureck was devoted to his patients and dedicated to teaching our fellows, residents, and medical students," said Dr. Deborah Driscoll, chair of obstetrics and gynecology at Penn. He served as a faculty preceptor and a career counselor since 1986. Dr. Tureck was the director of reproductive surgery at the Hospital of the University of Pennsylvania from 1994 to 2006.

"The first IVF pregnancy in the tri-state area—which resulted in the successful birth of a baby girl—was done under Dr. Tureck's leadership," said Dr. Steven Sondheimer, professor of obstetrics and gynecology at Penn. "That baby girl has grown into healthy adult woman who is now the mother of a newborn child, conceived without the need of infertility treatment. Dr. Tureck was a pioneer in the field of infertility who searched for ways to improve treatment. He traveled to England to learn ultrasound egg retrieval and introduced it to this region. Before this, egg retrieval required an abdominal incision," added Dr. Sondheimer.

Dr. Tureck was a fellow of the American College of Obstetrics and Gynecology and a member of the American Association for the Advancement of Science; the American Society of Reproductive Medicine; the American Society for Gynecologic Laparoscopists; the Society of Reproductive Surgeons; and The American Fertility Society.

Dr. Tureck is survived by his wife, Pamela and two sons, Richard and Brett, daughter-in-law and grandson. "On a more personal note," added Dr. Coutifaris, "I—along with the help of Richard's youngest son, Brett—played a role in introducing him to live opera performances. His favorite was Mozart's 'The Marriage of Figaro.' I won't ever be able to listen to or see a performance of this opera again without thinking of Richard. He will be greatly missed, both professional and personally."

Contributions may be made in honor of Dr. Tureck to the Children's Hospital of Philadelphia, Development Office, 34th Street and Civic Center Blvd., Philadelphia, PA 19104-4399.

To Report A Death

Almanac appreciates being informed of the deaths of current and former faculty and staff members, students, and other members of the University community. Call (215) 898-5274 or e-mail almanac@upenn.edu.

However, notices of alumni deaths should be directed to the Alumni Records Office at Room 545, Franklin Building, (215) 898-8136 or e-mail record@ben.dev.upenn.edu.

Correction: In last week's issue, the article about the recipient of the University's Inaugural Creative Spirit Award, James A. DePreist, should have stated that Malmo Symphony is in Malmo, Sweden, not Stockholm. —Eds.

Penn Bookstore Survey

Participate in the Penn Bookstore survey online at www.upenn.edu/survey/bookstore for a chance to win one of three \$100 gift certificates to the Penn Bookstore.

Honors & Other Things

The Power Fifty

In the November issue of *Philadelphia* magazine, *Trustee Chair David Cohen* and *Penn President Amy Gutmann* were included in the "The Power Fifty 2009" ranking of the most influential Philadelphians.

Mr. Cohen, chairman of the Trustees of the University of Pennsylvania and executive vice president of Comcast, took the #1 spot for being "the man local honchos go to when they need to get something done, large or small" and his "role in shaping every aspect of city life."

Ranking at #8, Dr. Gutmann was praised for the University's efforts to expand its green space, co-chairing Mayor Michael Nutter's transition team, and her implementation of "a no-loan/all-grant aid system" for undergraduates with financial need.

Penn #8 in Best Value

The University of Pennsylvania ranked #8 on the list of the "50 Best Values in Private Universities 2009-2010" published in the December 2009 issue of *Kiplinger's Personal Finance* magazine. *Kiplinger's* definition of value includes academic quality, costs of attending an institution and its generosity with financial aid.

Panofsky Prize: Dr. Beier

The American Physical Society has announced that *Dr. Eugene Beier*, the Fay R. and Eugene L. Langberg Professor of Physics, will be the recipient of the 2010 W.K.H. Panofsky Prize in Experimental Physics. The prize is the highest honor in experimental particle physics awarded by the Society. It is being presented to Dr. Beier in recognition of his contributions to the study of neutrino interactions. Dr. Beier will be formally presented with the prize and will deliver an invited lecture on his work at the Society's meeting in February.



Eugene Beier

Distinguished Educator: Dr. Birch

Dr. Eugenie Birch, co-director of the Penn Institute for Urban Research and Lawrence C. Nussdorf Professor of Urban Research and Education, was awarded the Association of Collegiate Schools of Planning's Distinguished Educator Award at its annual meeting in October. The award is given every two years for scholarly contributions, teaching excellence, service, and significant contributions.

Penn IUR Honors

The Society of American City and Regional Planning History has awarded its Lawrence C. Gerkins Award for Sustained Excellence in Planning History to *Dr. Eugenie Birch*, co-director of the Penn Institute for Urban Research, at its annual meeting.

Dr. Randall Mason, Penn IUR Faculty Fellow, associate professor of city and regional planning and historic preservation in the School of Design, and department chair, received an honorable mention by the Lewis Mumford Prize for Best Book in City and Regional Planning History for his recent book, *The Once and Future New York: Historic Preservation and the Modern City*.

Dr. Domenic Vitiello, Penn IUR Faculty Fellow and assistant professor of city and regional planning, has won the 2009 Catherine Bauer Wurster Prize for Best Article in American Planning History. His article, "Machine Building and City Building: Urban Planning and Industrial Restructuring in Philadelphia, 1894-1928," was published in the *Journal of Urban History* in March 2008.

Erickson Award: Dr. Bogner

Dr. Hillary R. Bogner, assistant professor of family medicine and community health in the School of Medicine, received the 2009 Erickson Foundation Research Award for excellence in gerontological research. This new award is presented by the Gerontological Health Section of the American Public Health Association (APHA), in order to recognize excellence in research pertaining to positive aging. The Erickson Foundation has created this award to celebrate research that explores aspects of active, healthy aging, particularly creating healthy communities. The award is accompanied with a \$1,000 cash prize.

CNF President: Dr. Brown

Dr. Lawrence Brown, associate professor of neurology and pediatrics at the Children's Hospital of Philadelphia (CHOP), has been named president of the Child Neurology Foundation (CNF), a national nonprofit organization advocating for children and adolescents with neurologic and developmental disorders. He will lead the organization for three years. Dr. Brown has served on the CNF Board since 2006, and teaches in the School of Medicine.

ADA Award: Dr. Compher

Dr. Charlene Compher, associate professor of nutrition science in the School of Nursing, has been awarded the Excellence in the Practice of Research Award by the American Dietetic Association (ADA) in recognition of her outstanding service, leadership, and contributions to the dietetics profession. This top award was presented at the 2009 Food and Nutrition Conference & Expo in October.

American College of Psychiatrists: Dr. Evans

The American College of Psychiatrists has selected *Dr. Dwight L. Evans*, Ruth Meltzer Professor of Psychiatry in the School of Medicine, as the 44th president of the organization for 2009-2010. As president, he will oversee The College's governance and chair its annual meeting, "Translating Scientific Advances into Psychiatric Practice," in February.

Lifetime Achievement: Dr. Gelles

Dr. Richard J. Gelles, dean of the School of Social Policy & Practice and the Joanne and Raymond Welsh Chair of Child Welfare and Family Violence, received a Lifetime Achievement Award from the National Family Violence Legislative Resource Center in recognition of his outstanding contributions in the field of family violence. The National Family Violence Legislative Resource Center presented the award to Dr. Gelles at the "From Ideology to Inclusion" Conference in June.



Richard Gelles

SSWR Honorable Mention: Dr. Gellis

Dr. Zvi D. Gellis, associate professor in the School of Social Policy & Practice, received an honorable mention from the 2010 Society for Social Work Research Excellence in Research Award for his article, "Randomized controlled trial of problem-solving therapy for minor depression in home care." In conferring the honorable mention, the Society recognizes the significance of the problem addressed in his research (seniors & emerging mental health issues), the rigor of the analysis and its contribution to knowledge in social work and social welfare. Dr. Gellis will be presented with the award at the Presidential Awards Ceremony in January at the 2010 SSWR Conference.

Lifetime Achievement: Dr. Jamieson

Dr. Kathleen Hall Jamieson, the Elizabeth Ware Packard Professor of Communication and director of the Annenberg Public Policy Center, is the recipient of a Lifetime Achievement Award, part of the 2009 Spectrum Awards from the Southeastern Pennsylvania Chapter of the American Red Cross. Dr. Jamieson was presented with this award earlier this month. "[Dr. Jamieson] embodies the spirit of the Red Cross," said Tom Foley, CEO of the Southeastern Pennsylvania chapter of the American Red Cross. "She is a pioneer who operates at the very highest echelons of her field."

Wharton Dean's Medal: Mr. Mack

The Wharton School has awarded the Dean's Medal, the School's highest tribute, to *Mr. William L. Mack*, vice chair of the Board of Trustees and vice chair of the Board of Overseers of Wharton. Bestowed for extraordinary achievement or service to society by an individual, the Medal recognizes Mr. Mack for his leadership in business, which has promoted economic development throughout the world; for his commitment to his country, his schools and his community through military service, volunteerism and meaningful philanthropy.

Patient Safety Committee: Ms. Magro

Ms. Maria Magro, director of the Nurse Anesthesia Program in the School of Nursing, will serve as an invited consultant on the Anesthesia Patient Safety Foundation's Executive Committee, making her the first certified registered nurse anesthetist to serve in this role in the Foundation's 25-year history. The Committee is primarily comprised of PhD researchers and anesthesiologists.

BMES Fellow: Dr. Margulies

Dr. Susan Margulies, professor of bioengineering and neurosurgery, has been named a Fellow of the Biomedical Engineering Society (BMES) for her national and international contributions to Biomedical Engineering and for inspired leadership in BMES. The Board of Directors confers the status of Fellowship to Society members who demonstrate exceptional achievements and experience in the field of biomedical engineering, and a record of membership and participation in the Society. Dr. Margulies's research goal is to determine functional and structural injury thresholds in the brain and lung, and use them to understand mechanisms of traumatic brain and lung injury.

Ed. Note: More Honors will be published next month.

Gifts of Involvement

An array appropriate for ardent aficionados and advocates of anthropology/archaeology, art, arboreta, and academe. . . .



... Keepsakes: Own a piece of The Palestra! Business Services and Penn Athletics have joined together to produce several finely crafted products made from the original surrounding boards of The Palestra. The items include hardwood inset cufflinks (above), photo frames, pens and a traditional bottle opener with netting from the basketball hoops. Products include a certificate of authenticity along with a brief history of The Palestra. Shown above are University of Pennsylvania sterling silver cufflinks with hardwood inset crafted from the wooden floor of The Palestra. Visit www.upenn.edu/palestrawoodcraft/!

... Stage Spectacular: Penn Presents will stage numerous shows including classical, gospel and jazz music; ballet and modern dance; and world discovery performances now through May. Get a jump on your holiday shopping with a unique gift for friends and family. Annenberg Center gift Certificates are available in any amount, and are redeemable for all Annenberg Center performances. Donations are welcome to help the Annenberg Center maintain its programming. Subscribers benefit from discounts, priority seating and more. For information: (215) 898-3900 or www.pennpresents.org.



... Sweet Sounds: WXPN 88.5 FM, Penn's member-supported radio station offers several membership choices for those who enjoy discovering emerging artists and re-discovering some old favorites. Benefits include ticket discounts, first notice of Free at Noon concerts and a behind the scenes look at what is going on at XPN. Gift certificates are also available. More membership options and benefits can be found at www.xpn.org.

World Cafe Live provides a year-round musical venue of live performances as well as a restaurant serving lunch and dinner. Gift certificates are available for purchase. For information see www.worldcafelive.com.



... Literary Lovers: Friends of the Kelly Writers House help sustain seminars, readings and webcasts. Friends will be acknowledged in the *Writers House Annual*, which is available on their website and in print. Membership levels: \$40, \$100, \$250, \$500, William Carlos Williams Circle: \$1,000, and Emily Dickinson Circle: \$2,500 or more. Information: <http://writing.upenn.edu/wh/support>.



Library Friends can be a part of the continual replenishment of the Library resources, supporting collection development and growth for scholars of today and tomorrow. A \$1,000 gift in support of the Penn Library annual fund entitles you to membership in Penn's Red and Blue Society. \$2,500+ gifts entitle you to membership in the Benjamin Franklin Society. For information see www.library.upenn.edu/portal/opportunities/friend.html.

... What a Wonderful World: Membership at *International House Philadelphia* supports programming that promotes cross-cultural awareness and diversity. Membership benefits include reduced prices or free admission for select events and invitations to members-only events. Memberships: Student \$35, Internationalist \$50, Adventurer \$100, Individual (\$175/household), Globetrotter \$250 (\$400), Attache \$500 (\$750), Emissary \$1,000, Diplomat \$2,500, Consul \$5,000, Ambassador \$10,000, Global Leader \$25,000. Information: www.ihousephilly.org/membership-donors.htm.

... Marvelous Museum: Those who treasure the past will be delighted with a full year's membership to the *University of Pennsylvania Museum of Archaeology and Anthropology*. Members enjoy free admission, discounts at the Museum Shops, invitations to openings and other members-only events, and a subscription to the members-only newsletter. Members are kept up-to-date on the latest discoveries from the Museum's worldwide fieldwork and research. In addition, members can receive discounts on select Penn Presents performances at the Annenberg Center for the Performing Arts. Memberships: Student \$40, 2 Students \$55, Associate \$50, Individual \$55, Dual \$65, Household \$80, Sustaining \$150, Patron \$250, Fellow \$500, and Loren Eiseley Society \$1,500+. Information: (215) 898-5093 or www.penn.museum/become-a-member.html.



... Alluring Art: Members of the *Institute of Contemporary Art* receive free admission to selected events, invitations to free members-only exhibition walkthroughs with artists and curators, pre-invite announcement cards for all exhibitions, access to ICA's library, discounts on selected Penn Presents performing arts programs and special discounts at area restaurants and businesses. Join now at the Family level and receive free admission to 200 participating museums. Memberships: Individual \$40; Family \$100; Contributor \$250; Participant \$500; Benefactor \$1,000; Director's Circle \$2,500, with additional membership bonuses for each. Information: (215) 898-7108 or www.ICAphila.org/support.

Arthur Ross Gallery offers those who contribute \$50 or more invitations to preview opening receptions and special events, and the schedule of upcoming exhibitions, in addition to free admission to exhibitions, lectures and programs. Young Friends/Students membership is \$25. Receive the same benefits as other donors, along with a free poster. For more information call (215) 898-3617 or visit www.upenn.edu/ARG/.

... Botanical Beauty: Members of the *Morris Arboretum*, Pennsylvania's official arboretum, receive free admission, 10% discount in the gift shop, 20% discount on educational classes and excursions, the quarterly newsletter, plant sale benefits, Morris Arboretum automobile decal, admission privileges to over 200 gardens and arboreta through the American Horticulture Society, discounts for local garden centers and invitations to events and lectures. Membership levels: Far-Away Friends \$40, Individual \$55, Dual \$65, Family \$75, Beech \$95, Chestnut \$150, Holly \$250, Oak \$500, Laurel \$1,000 and Katsura \$2,500. The membership form is online at www.morrisarboretum.org. For your favorite gardener, the Arboretum Gift Shop has a full line of garden-inspired home items, toys and the latest horticulture publications for the professional and amateur. Call the Morris Arboretum gift shop: (215) 247-5777 x136.



... Delectable Delights: *All You Can Eat Lunch Voucher* for purchase, \$11.25. Valid in any Bon Appétit at Penn Dining residential dining café.

A gift of a *University Club at Penn* membership is something unique and useful, continuing to give all year. Privileges include complimentary morning refreshments, special event dinners, 10% discounts at Penne Restaurant and Wine Bar and the University Living Room at the Inn at Penn, and access to 100+ Faculty Clubs in the United States and around the world. A gift certificate for special mid-year membership is only \$30 for all membership categories. Also available are gift certificates for the Harrison Room buffet lunch, only \$10.90 each. Information: (215) 898-4618 or e-mail universityclub@pobox.upenn.edu.



... Feeling Fit: *The Class of 1923 Arena* offers a discount book of 10 admission passes to any public skating session for \$45 with a PennCard or \$55 for the public. Why not stuff a stocking with skating lessons? Five weeks of group lessons, beginning the week of January 10, are available for ages 6 through adult in a variety of skill levels. The deadline for registering for lessons is one week before the first session. Cost: \$115, \$10 discount for registering and paying two weeks in advance. Information: (215) 898-1923 or www.business-services.upenn.edu/icerink/.



Levy Tennis Pavilion memberships are \$15 students and spouses; \$40 faculty, staff and spouses; \$60 alumni; \$75 public; \$40 senior citizens; \$6 guest fee; valid through September 2010. Information: (215) 898-4741.

The *Department of Recreation* offers gift certificates for massage therapy and the juice bar, Energy Zone. Information: (215) 898-6100 or visit www.upenn.edu/recreation.

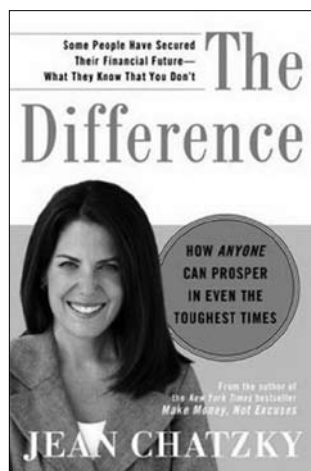
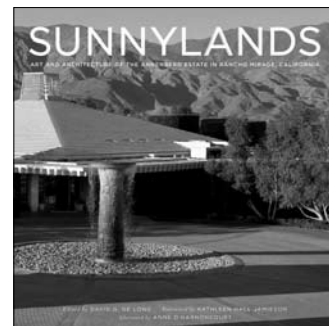
Fabulous Finds for Those Fond of Facts or Fiction

Want a special gift for the book-lovers on your holiday gift list? Well, there are numerous new books hot off the press again this year.

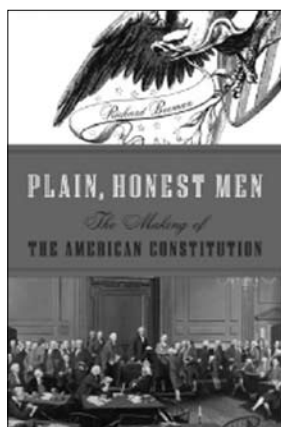
The Penn Bookstore has many to choose from—factual and fictional, personal and pictorial, historical and innovative. These are some of the many new books by Penn authors—faculty, staff, trustees and alumni. Not only are there books from Penn Press, but there are options from the Penn Museum and Wharton School Publishing as well.

For shoppers who want to preview the selection online, visit www.upenn.edu/pennpress for collections by both Penn Press and the Penn Museum, and www.wharton-sp.com for Wharton School Publishing.

Sunnylands: Art and Architecture of the Annenberg Estate in Rancho Mirage, California; edited by David G. De Long, professor emeritus of architecture. Tells the story of the celebrated home of Walter and Leonore Annenberg, now considered to be an icon of midcentury modernism. Penn Press. Cloth \$34.95.



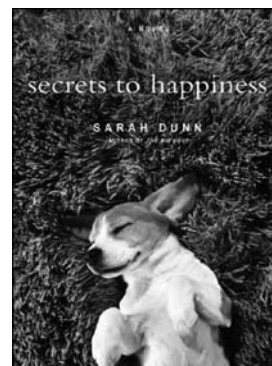
The Difference: How Anyone Can Prosper in Even the Toughest Times; Jean Chatzky, C'86. Financial coach examines how to start from nothing and become financially secure through a balancing act. Hardcover \$24.95.



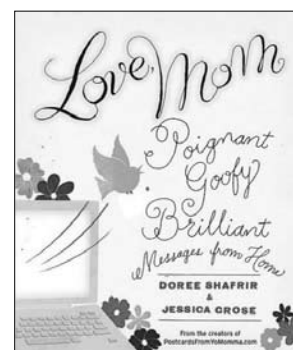
Plain, Honest Men: The Making of the American Constitution; Richard Beeman, professor of history. Provides an engaging look at the process through which the Constitution was created, from the dramatic tensions to the votes to their importance and relevance. Hardcover \$30.



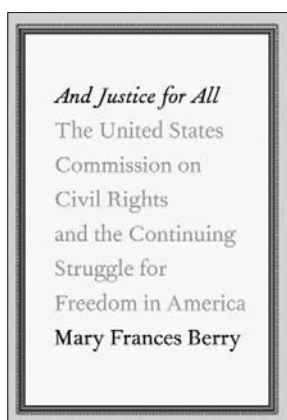
Slept Away; Julie Kraut, C'04. A young adult novel about a teenager whose summer is anything but what she expected after her parents send her to summer camp, far away from the luxuries of her New York home. Paperback \$8.99.



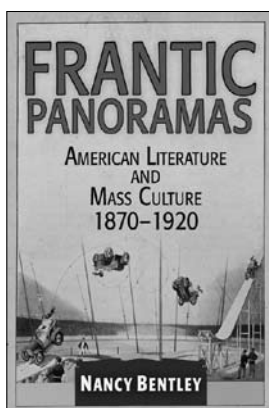
Secrets to Happiness: A Novel; Sarah Dunn, C'91. Chronicles the lives of several New Yorkers and their varied lifestyles, from an unsuccessful writer to a cheating wife and more. Hardcover \$23.99.



Love, Mom: Poignant, Goofy, Brilliant Messages from Home; Doree Shafrir, C'99, G'04; Jessica Grose. Comedic, maternal messages from mothers who know best. Hardcover \$17.99.



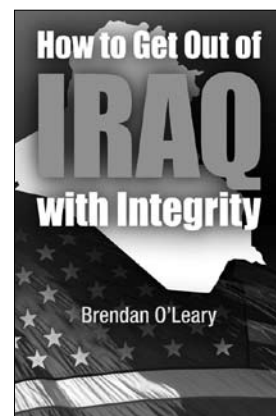
And Justice for All: The United States Commission on Civil Rights and the Continuing Struggle for Freedom in America; Mary Frances Berry, Geraldine R. Segal Professor of American Social Thought. Tells the story of the American civil rights movement through the work of the US Commission on Civil Rights, which helped gain new legislation toward civil rights for all. Hardcover \$30.



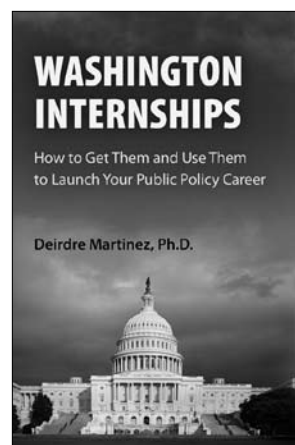
Frantic Panoramas: American Literature and Mass Culture, 1870-1920; Nancy Bentley, associate professor of English. Examines how the emergence of mass culture affected literary culture in America. Penn Press. Cloth \$59.95.



Do Museums Still Need Objects?; Steven Conn, Gr'94. By closely observing the cultural, intellectual, and political roles that museums play in contemporary society, while also delving deeply into their institutional histories, the book argues that museums are no longer seen simply as houses for collections of objects. Penn Press. Cloth \$39.95.



How to Get Out of Iraq with Integrity; Brendan O'Leary, Lauder Professor of Political Science and director of the Program in Ethnic Conflict. An in-depth analysis of the new Iraqi constitution, an evaluation of the political goals and powers of the major ethnic and religious groups that will constitute the new Iraqi state, and an assessment of the regional realities of a Saddam-less Iraq. Penn Press. Cloth \$34.95.



Washington Internships: How to Get Them and Use Them to Launch Your Public Policy Career; Deirdre Martinez, Ph.D., director of the Fels Public Policy Internship Program. A guide to landing that crucial first position in America's capital. Penn Press. Paper \$19.95.

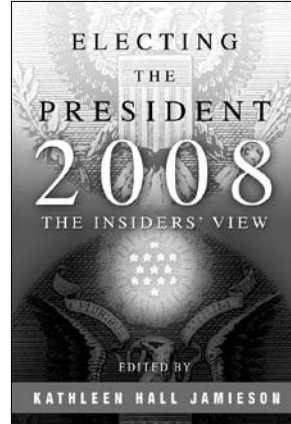
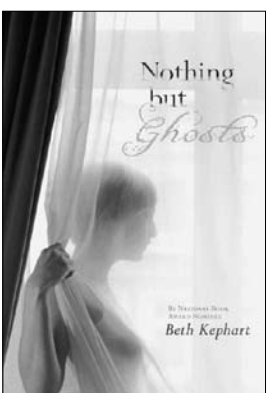
Nothing but Ghosts; Beth Kephart, C'82; After her mother dies, 16-year old Katie takes a summer job at the garden estate of the reclusive Miss Martine and soon becomes involved in decoding a mystery hidden in an old painting. Hardcover \$17.99.



Ask Dr. Marie: Straight Talk and Reassuring Answers to Your Most Private Questions; Marie Savard, NU'72, M'76 and Penn trustee, with Sondra Forsyth. This medical guide for women addresses basic anatomy and physiology, sexuality, and the importance of health care, among other medical issues related to women. Hardcover \$24.95.



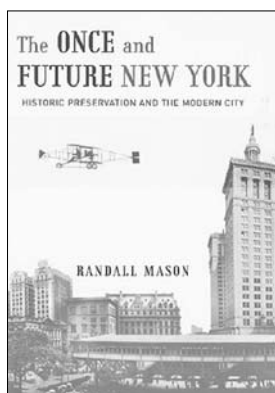
Harry Truman's Excellent Adventure: The True Story of a Great American Road Trip; Matthew Algeo, C'88. A reconstruction of Harry and Bess Truman's post-presidential 2,500-mile road trip in the 1950s. Hardcover \$24.95.



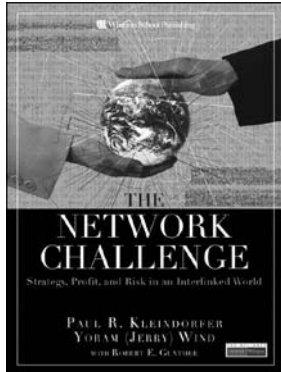
Electing the President, 2008: The Insiders' View; edited by Kathleen Hall Jamieson, professor of communication in the Annenberg School for Communication and director of the Annenberg Public Policy Center. Political experts assess the importance of new factors ranging from campaign spending to the performance of the press corps, from the effect of the Internet on news cycles to the influence of Tina Fey. Penn Press. Paper \$24.95.



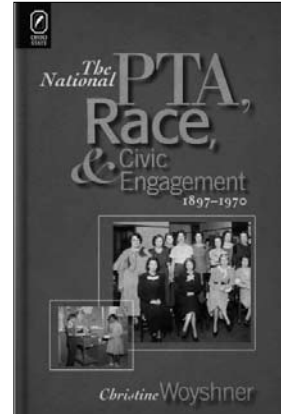
Rohm and Haas: A Century of Innovation; Regina Lee Blaszczyk, visiting scholar in the department of the history and sociology of science. Examines the 100-year history of this Philadelphia-based chemical company, which has long stressed the importance of connecting with the customer. Penn Press. Cloth \$49.95



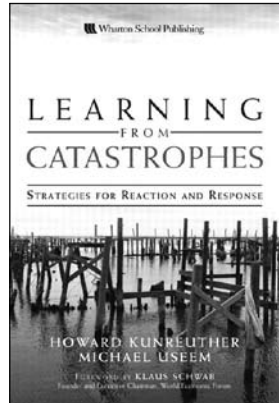
The Once and Future New York: Historic Preservation and the Modern City; Randall Mason, associate professor of city & regional planning in the School of Design. Dr. Mason reveals that historic preservation has been a persistent force in the development of New York since the 1890s, when the city's leading politicians, planners, and architects first recognized the need to preserve the rapidly evolving city's past. Paperback \$27.95.



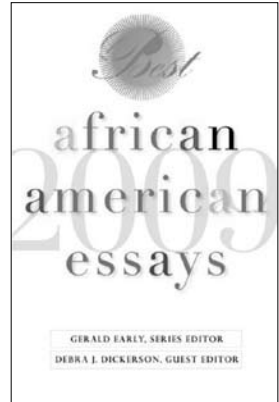
The Network Challenge: Strategy, Profit, and Risk in an Interlinked World; Paul R. Kleindorfer, professor emeritus of operations and information management; Yoram (Jerry) Wind, Lauder professor of marketing and director of SEI Center for Advanced Studies in Management; and former Wharton staff member, Robert E. Gunther. Wharton School Publishing. Hardcover \$59.99.



The National PTA, Race, and Civic Engagement, 1897-1970; Christine Woyschner, professor of education. An examination of the National Parent Teacher Association (PTA) in relation to its racial politics and as a venue for women's civic participation in educational issues. Hardcover \$52.95.

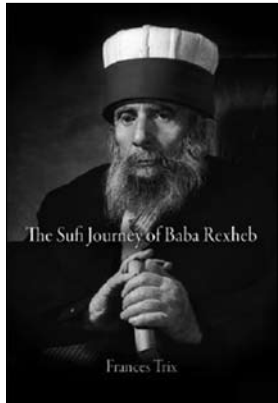


Learning from Catastrophes: Strategies for Reactions and Response; Howard Kunreuther, Cecilia Yen Koo Professor of Decision Sciences and Business and Public Policy and co-director of Risk Management and Decision Processes Center; Michael Useem, The William and Jacalyn Egan Professor of Management and director of the Center for Leadership and Change Management. Wharton School Publishing. Hardcover \$37.99.

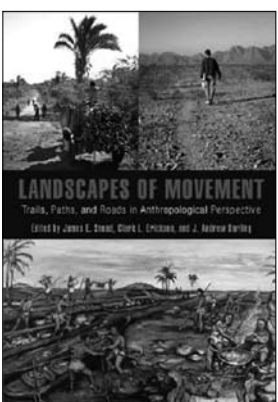


Best African American Essays 2009; edited by Gerald Early, C'74 and Debra J. Dickerson. An anthology of previously published essays by 30 writers on the subjects of entertainment, sports, the arts, sciences, technology, education, activism, and political thought. Hardcover \$23.

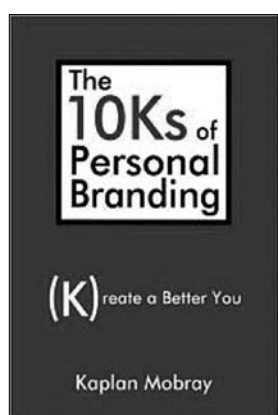
The 10Ks of Personal Branding; Kaplan Mobray, C'94. This guide offers ten must-know insights to building your personal brand. Paperback \$18.95.



The Sufi Journey of Baba Rexheb; Frances Trix, Indiana University. A recounting of the modern Sufi leader, a Muslim mystic from the Balkans. Penn Museum. Cloth \$55.



Landscapes of Movement: Trails, Paths, and Roads in Anthropological Perspective; edited by Clark L. Erickson, associate professor of anthropology and associate curator of the American Section at the Penn Museum along with James E. Snead and Andrew Darling. Documents paths, trails, and roads of human movement across times and cultures. Penn Museum. Cloth \$65.



Holiday Happenings at Penn

FESTIVITIES AT THE PENN MUSEUM

The Penn Museum offers international celebrations, music, shopping and family fun to bring everyone of every culture into the spirit of the season. Info.: www.museum.upenn.edu.

Holiday Shopping Savings: December 2-6

Wednesday, December 2 through Sunday, December 6, 10 a.m.-4:30 p.m. The Penn Museum's shops—the Museum Shop and the Pyramid Shop for Children—will offer holiday oriented merchandise, as well as an assortment of international arts, crafts and jewelry.

Visitors during the holiday shopping days enjoy these discounts: 10% off all purchases (general public), 15% off all purchases (University of Pennsylvania, HUP and CHOP employees, with ID), and 20% off all purchases (Museum members with ID). For more information, call the Museum shops at (215) 898-4040.

Holiday Family Celebration: December 6

Grab your "passport" and get into the spirit of the season *Sunday, December 6, 1-4 p.m.*, with the Penn Museum's 14th annual free *Peace Around the World* family afternoon. All visitors receive Museum "passports" with itineraries to visit nine countries via nine International Classroom speakers and explore holiday traditions in countries around the world. The day also features holiday choir music by children and adults, Maya storytelling, face painting, balloon art, international family crafts and free treats for children.

On December 6, Penn Museum will offer a \$25 discount on family memberships.

Visitors are invited to join in the holiday spirit of giving; a Toys For Tots Philadelphia official gift drop box will be accepting all new, unwrapped toy donations.

SHOPPING/DINING

Holiday Dinner at the University Club

The University Club's annual holiday reception dinner will be held on *Tuesday, December 1, from 5:30-8 p.m.* The event is open to Club members and their guests. The evening will include butlered hors d'oeuvres, a carving station, and seasonal desserts display. A full cash bar will be available including specialty cocktails. The cost is \$30 per person plus service charge and tax. Reservations are required by phone (215) 898-4618 or e-mail universityclub@po-box.upenn.edu.

Penn Bookstore Annual Holiday Sale

The Penn Bookstore's Annual Holiday Sale on *December 10 and 11* features 20% off books, music, gifts and more! Some restrictions apply.

CELEBRATIONS

Youcie Holiday Party and Gift Drive

Join the Young Friends of University City (Youcie) for a special event to benefit area mothers and children currently residing at the People's Emergency Center (PEC), West Philadelphia's longstanding and comprehensive social service agency for homeless women, teenagers, and their children. On *Wednesday, December 2, 6-8 p.m.*, all those age 21 and over are invited to gather at The Blockley Pourhouse, 3801 Chestnut Street (at Ludlow), for the Holiday Party and Gift Drive.

Visit <http://universitycity.org/youcie> for an extensive list of suggested gifts.

Donations of those who can't attend the event, should be placed in the drop box at the University City District office at 3940 Chestnut Street. The drive ends December 16.

To RSVP: e-mail youcie@universitycity.org

Holiday Bazaar: December 2

The New Parents@Penn and the Working Parents' Association Holiday Bazaar will take place on *Wednesday, December 2* in front of Penn Women's Center on Locust Walk, noon-4 p.m. Self-made crafts, baked goods, holiday cards, and a gift wrapping service will be offered.

Kwanzaa Celebration: December 3

The Makuu Black Cultural Center is hosting a Kwanzaa Celebration Dinner *Thursday, December 3, 6-9 p.m.* in Bodek Lounge, Houston Hall. The Penn community is invited to join Makuu in this annual festive affair with music, good food, and fellowship. RSVP: makuu@dolphin.upenn.edu.

CA Christmas Open House: December 11

The Christian Association's annual Christmas Open House will take place on *December 11, noon-2 p.m.* There will be food, fellowship and good cheer for students, faculty and staff.

Holiday Party at I-House: December 11

The International house will host its annual international holiday extravaganza with food, dessert, tree trimming and orchestral music on *Friday, December 11* at 6 p.m. Admission: free for IHouse alumni, members; \$5 guests; \$8 general admission (cash only).

Holiday Skate: December 19 and 20

Saturday, December 19, Business Services will host a *Holiday Skate*; free admission when you bring a gift for Toys for Tots; 5:45 p.m.; at Class of 1923 Arena. Also, *Sunday, December 20, 1:30 p.m.*

PERFORMANCES

Holiday Performances at World Café Live

Info./Tickets: www.worldcafelive.com

Holly Cole, A Night Before Christmas—Wednesday, December 2. A mix of jazz and pop standards and an eclectic selection of songs from Christmases past. 7:30 p.m. Tickets: \$27, \$37.

Viva Christmas! with El Vez & Los Strait-jackets and the Lovely Elvettes—Friday, December 4. Holiday hits and Christmas classics. 7:30 p.m. Tickets: \$24, \$34.

4th annual Lizanne Knott and Friends Philabundance Benefit—Friday, December 11. Celebrate the holiday season and give a helping hand to those in need. 9 p.m. Tickets: \$6 plus a non-perishable food item.

New Year's Eve with Davy Knowles & Back Door Slam—Thursday, December 31. Performance includes acoustic guitar with blues rock sounds. Enjoy dinner before the show in the Upstairs cafe. 10 p.m. Tickets: \$40, \$55, \$75.

Penn Presents Holiday Performances

For ticket prices see www.pennpresents.org

Irish Christmas in America—Friday, December 11. Celebrate the yuletide traditions of the Emerald Isle with members of Téada, plus Irish singer and accordionist Séamus Begley and guest musicians and dancers; 8 p.m.; Zellerbach Theatre.

A Creole Christmas—Saturday, December 12. Straight from the Big Easy and featuring a flavorful gumbo of Christmas classics with a twist of ragtime, blues and jazz; 8 p.m.; Zellerbach Theatre.

Holiday Garden Railway Display

The Morris Arboretum's popular Holiday Garden Railway Display has returned and is open from *November 27 through January 3* (closed December 24, 25 and January 1). The display includes model trains decked out for the holidays running along a quarter mile track outdoors in the Morris Arboretum's winter garden, surrounded by a miniature village adorned with thousands of twinkling lights for the holidays.

A grand opening celebration will be held on *Saturday, November 28, 1-3 p.m.*, that will include the sounds of costumed carolers strolling through the garden. Kids and adults will also have the opportunity to make an ornament or decoration from natural materials to take home. This family event is free with regular garden admission: \$14 adults, \$12 for seniors, students and youth (13-18) \$7, children under age three and members free.

On *Sunday, December 13, 1:30-2:30 p.m.*, the Penn Glee Club will provide musical entertainment. Free with regular admission.

WORKSHOPS

Morris Arboretum Holiday Classes

Register: www.morrisarboretum.org

Holiday Wreath Making—Sunday, December 6. Designed for those who want to make their wreath from fresh loose boughs of greens. There will be a selection of ribbons and decorations to make it festive. Section A: 10 a.m.-noon; Section B: 1-3 p.m.; \$55, \$46/members.

Holiday Tabletop Tree with Lights—Wednesday, December 9. Design your own tree from long lasting greens, and choose your colors for bows and glass balls with fresh flowers to decorate this spectacular holiday centerpiece (22"-24" tall). Bring a box to take your tree home. Section A: 1-3 p.m.; Section B: 6:30-8:30 p.m.; \$60, \$50/members.

Holiday Centerpiece Class—Saturday, December 19. Design your own festive, fragrant arrangement for yourself or to give as a gift. Learn professional tricks of the trade to create a beautiful display with a variety of evergreens. There will be an assortment of candles, flowers, fruit and accessories; 10 a.m.-noon; \$55, \$46/members.

Kids' Holiday Centerpiece—December 19. Work with evergreen to create a fresh flower arrangement to use as a centerpiece at your family's holiday table; 1-2:30 p.m.; \$33, \$30/members.



THE SOUNDS OF PENN PERFORMERS

The new album by the Counterparts, *New Wave*, features popular and jazz tracks. Alumnus John Legend was a member of this premier jazz/pop a capella group. The CD is available for \$15 on their website, www.dolphin.upenn.edu/cparts/index.html.

Penn's co-ed modern rock/pop/indie a cappella group, The Penny Loafers, has released *The Cops Come at Midnight*. Purchase the CD for \$15 or download for \$12. See www.thepennyloafers.com.

On Detours, is the latest CD by Hindi a cappella group Penn Masala. Last month, the group performed at the White House for the Diwali celebration. Penn Masala's music is influenced by both Eastern and Western cultures. Their CD can be purchased for \$10 at www.pennmasala.com and be downloaded from iTunes.

Now in its 147th season, the Penn Glee Club has released *Penn Pipers*. The CD containing 20 titles, reflects their unique blend of musical excellence and theatrical showmanship. It is available for \$10 on their website, www.dolphin.upenn.edu/gleeclub.

Soulchild is the latest release by Penn's all-female South Asian a cappella group, Atma. The group blends music from India, Bangladesh, America and the West Indies. Purchase the album for \$10 at www.pennatma.com.

Human Resources: Upcoming Programs

Professional and Personal Development

Improve your skills and get ahead in your career by taking advantage of the many development opportunities provided by Human Resources. You can pre-register for programs by visiting the online course catalog at www.hr.upenn.edu/coursecatalog or by contacting Learning and Education at (215) 898-3400.

Penn Certificate Program in Administrative Excellence; begins December 2; multiple dates with varying times; \$100. If you're an administrative professional looking to enhance your skills, consider enrolling in the Penn Certificate Program in Administrative Excellence. This multi-session, cohort-based program is targeted for frontline, support and administrative staff. Topics will include office organization, communication skills, time and stress management, and more. You'll also learn about succeeding in the decentralized Penn environment, building your network and clarifying your individual career plan.

Career Focus Brown Bag—Interviewing for Success; December 10; noon–1 p.m.; free. Wondering how to set yourself apart from other job applicants? A successful interview can often be the deciding factor for many hiring managers when choosing the right candidate for a job. This workshop will teach you the elements of effective interviews and how to successfully market yourself and your skills in order to ace your next interview. You'll learn how to prepare for a variety of different interview types and the importance of non-verbal communication when interviewing.

Brown Bag Matinee—Project Management; December 16; noon–1 p.m.; free. In today's fast-paced world, many people find themselves tackling more difficult and complex challenges in the workplace. For some, project management comes easily. But not everyone knows how to do it well. This video will teach you how to successfully keep projects on track regardless of their size and scope. You'll learn how to be an effective leader and project manager who knows how to organize priorities and meet objectives.

Your Body: From Head to Toe—Part 2

Taking care of your health means being well informed, well prepared, and capable of making good choices when it comes to your body. This series of workshops, led by physicians and health experts from the University of Pennsylvania and the Health System, will address various health issues from head to toe and steps you can take to maintain a healthier lifestyle. Pre-registration is required for these workshops, which are sponsored by Human Resources. You are welcome to bring a brown bag lunch to the sessions. For more information and to register, visit the online course catalog at www.hr.upenn.edu/coursecatalog or contact Human Resources at (215) 898-5116 or suz.smith@upenn.edu.

Stroke: Diagnosis, Treatment, and Prevention; December 3; noon–1 p.m.; free. A stroke is a life-threatening event in which part of the brain is deprived of adequate oxygen. It's also the third leading cause of death in the United States, behind heart disease and cancer. This workshop will teach you about some of the prevention methods for strokes that can help eliminate or minimize the risk factors. It will be led by Dr. Steven R. Messe, division of stroke and neurocritical care, department of neurology, University of Pennsylvania School of Medicine.

Quality of Worklife Workshops

Dealing with the demands of work and your personal life can be challenging. These free workshops, sponsored by Human Resources and led by experts from Penn's Employee Assistance Program and Quality of Worklife Department, offer information and support for your personal and professional life challenges. Pre-registration is required. You are welcome to bring a brown bag lunch to the sessions. For more information or to register, visit the Human Resources online course catalog at www.hr.upenn.edu/coursecatalog or contact Human Resources at (215) 573-2471 or kenn@upenn.edu.

Stress Management; December 15; 11:30 a.m.–1 p.m.; free. Stress can take an unfortunate toll on our health and wellbeing. But simple relaxation techniques can help combat the harmful effects of stress. You'll learn how to identify when you're relaxed, and how to use relaxation to improve your quality of life. This workshop will also focus on responses to relaxation, the physical and mental signs of relaxation, and specific relaxation exercises and techniques.



Reminder: Special Winter Vacation

As you start planning for the upcoming holiday season, don't forget that Penn grants faculty and staff a Special Winter Vacation between Christmas Day and New Year's Day each year. This year, the special winter vacation days will be December 28, 29, 30 and 31. In the event that an employee is needed to report to work to continue departmental operations for part or all of this period, the Special Winter Vacation may be rescheduled for another time. View the Special Winter Vacation Policy online at www.hr.upenn.edu/Policy/Policies/608.aspx for more information.

—Division of Human Resources

Climate Action Plan: Bon Appétit at Penn Dining—A Sustainable Choice

In July, Penn welcomed Bon Appétit, recognized both for its culinary expertise and as a pioneer in environmentally sound food policies to our campus. Bon's Appétit's mission of "food services for a sustainable future" is delivered through its signature programs for quality, nutrition and sustainability. The Farm to Fork program seeks to purchase as much of the food as locally as possible, sustaining both local farmers and producers as well as local businesses. Already, only a few months after Bon Appétit's arrival, over 20% of the food being served at Penn is provided by local farmers, bakers and companies within 150 miles of the campus. Other initiatives include using only seafood that is sustainably raised or caught and providing shell and liquid eggs that are Certified Humane

and cage-free.

With these efforts, Bon Appétit at Penn Dining is a key partner in support of the University's Climate Action Plan. Bon Appétit's Circle of Responsibility Program provides a wealth of resources for individual staff, faculty and students to understand the impact the food we eat has on the environment and make dietary choices that fit their goals and values.

When you visit any campus dining facility, look for the colorful menu icons that will help you make dietary choices. Members of the Penn community can also visit the Bon Appétit at Penn Dining website (www.upenn.edu/dining/) which has advice for working professionals on a variety of topics including weight management, balancing your energy, dieting, food allergies and vegetarianism. Take part in the Low Carbon Diet Challenge this coming January and learn how decisions as simple as choosing chicken over beef can change your environmental footprint.

Bon Appétit at Penn Dining's registered dietician, Terri Brownlee, can also help with questions about nutrition and healthy, sustainable food choices. She has worked in the field of health and wellness for more than 15 years. She is available for small group lunch-and-learn sessions at your office, or will answer your individual questions. She can be reached by e-mail at: askterri@cafebonappetit.com.

Look for "Food for Your Well Being" features each month at all Penn Dining locations. October focused on sustainable seafood. Diners could sample sustainable sushi or try a meal prepared with seafood that met the Monterey Bay Aquarium's Seafood Watch guidelines. In November, attention shifted to portion control. With the holidays fast approaching, many of us are concerned about over indulging on our favorite dishes. "Food for Your Well Being" can help! Visit the website or one of our dining facilities to learn strategies for understanding portion sizes.

At Penn, eating meals that are tasty, healthy and sustainable is easier than ever. Bon Appétit at Penn Dining can help you make food choices that are beneficial for both your diet and your planet.

— Marie Witt, Vice President, Business Services



Exploring the World: Penn Abroad's Annual Photo Contest

The annual Penn Abroad photo contest is a showcase of University of Pennsylvania students' interpretation of the host communities where they lived, studied and explored. The winning photos are shown here. These and additional photos are on display in the International House Gallery through January 8.



First Place: Namib Desert Sunrise, (above) taken by SAS senior Megan Calpin in Swapokmund, Namibia while studying at the University of Cape Town, Fall 2008.



Second Place: Football on the Beach, (at right) taken by Wharton senior Laura Boudreau in Mermoz, Dakar, Senegal while studying at Baobab Center in Dakar & Université Gaston Berger in Saint-Louis, Sénégal (BSE), Spring 2009.



Third Place: Montserrat, (at left) taken by SAS senior, Margo Prebenda in Barcelona (Montserrat), Spain during the Penn Semester in Barcelona, Spring 2009.

Penn Freshman's Film: A Finalist in Nickelodeon Animation Festival

Jason Merrin, a freshman in the Digital Media Design (DMD) program at the University of Pennsylvania's School of Engineering and Applied Science, is a finalist in the 2009 Nickelodeon Animation Festival.

His experimental film, *The History of an Animation*, takes the audience through the process of how an animator learns to animate, from doodles all the way through computer animation. He made the movie by combining live footage with animation done in Adobe Flash. He used music by Eno Freedman Brodmann.

"I've always been interested in filmmaking and animation, which was why I joined the Digital Media Design program at Penn," Mr. Merrin said. "I found out about the contest through Amy Calhoun at the DMD, who encouraged me to enter."

Mr. Merrin, a resident of New York City, created the two-minute, 36-second animated short in 2008 and after he arrived on campus this fall

he worked with Penn Design professor Ellen Reynolds to match the specifications needed for on-air and online play.

"Jason, who had just begun one of our production classes, came to our lab for some help formatting the work to meet Nick's technical specifications," Ms. Reynolds said. "There is a lot of new terminology and fine print about formats today, so we're happy to help sort out these types of issues."

View and Vote Through November 29

Mr. Merrin's entry is available for viewing online at www.nick.com/animation-festival/index.jhtml, where viewers can cast their ballots for the "Viewers' Choice Award."

The work was also scheduled to be screened on the Nicktoons Network on November 19, as part of "Festival Week," during which time viewers voted for their favorite short. Voting is open through November 29. The short with the most votes wins \$5,000.



Week Six Winners

Penn's Way Raffle Prizes (November 9-13, drawing November 16)

Matthew O'Malley, Corporate HUP—Penn Athletics: Two Tickets to Penn Basketball Game

Thomas Harvey, Corporate HUP—Penn Athletics: Pass for Four to Penn Relays

Marisa Roche, Pennsylvania Hospital—Fork: Gift Certificate, dinner for two

Maryann Quinn, Pennsylvania Hospital—Philadelphia Museum of Art: Four Guest Passes

William Dickson, Facilities & Real Estate Services—Business Services: Hilton Inn at Penn: \$50 Gift Certificate for Penne

Sharon Long, HUP—Business Services: Morris Arboretum: One Family Membership

Tara Kozlowski, HUP—Business Services: Penn Publication Services: Penn Photography Book

Chelsea Motzel, Nursing Student—Business Services: Penn Ice Rink: 10 Admission Coupon Booklet

Joanna Sowinski, HUP—4 Corners Management: \$50 Dining Gift Certificate

Marie Walton, HUP—The Belgian Café: \$50 Gift Certificate

Lauren Skiff, Nursing Student—Douglas Cosmetics: Luxury Basket

Lyndon Johnson, HUP—Office Depot: \$25 Gift Card

Barbara Medoff-Cooper, School of Nursing—Water Works: \$50 Gift Card

Raffle winners for the Grand Prize will be randomly selected December 4 and will be announced in *Almanac* in a subsequent issue.



Ben's House: Designing History at Franklin Court

Franklin Court is an imaginative reconstruction of Ben Franklin's life-long home consisting of a "ghost" structure representing the original house, a garden, an above ground archaeological display and underground museum spaces. Franklin Court challenges the prevailing norms for the interpretation of historic sites that no longer exist, like Benjamin Franklin's Orianna Street. This exhibition, on display at the Kroiz Gallery through January 22, explores the making of Franklin Court through a selection of original sketches, models and period photographs.

The University of Pennsylvania Police Department Community Crime Report

About the Crime Report: Below are all Crimes Against Persons and Crimes Against Society from the campus report for **November 9-15, 2009**. Also reported were 11 crimes against property (including 7 thefts, 2 acts of vandalism, 1 burglary and 1 case of fraud). Full reports are available at: www.upenn.edu/almanac/volumes/v56/n13/crreport.html. Prior weeks' reports are also online. —Ed.

This summary is prepared by the Division of Public Safety and includes all criminal incidents reported and made known to the University Police Department between the dates of **November 9-15, 2009**. The University Police actively patrol from Market Street to Baltimore Avenue and from the Schuylkill River to 43rd Street in conjunction with the Philadelphia Police. In this effort to provide you with a thorough and accurate report on public safety concerns, we hope that your increased awareness will lessen the opportunity for crime. For any concerns or suggestions regarding this report, please call the Division of Public Safety at (215) 898-4482.

11/10/09	1:54 AM	4000 Spruce St	Complainant shot in shin by unknown male
11/10/09	11:52 AM	3942 Spruce St	Male wanted on warrant/Arrest
11/10/09	10:53 PM	4200 Locust St	Male robbed by unknown males
11/10/09	11:21 PM	4000 Market St	Officer assaulted/Arrest
11/11/09	2:20 AM	100 S 33rd St	Male driving under the influence/Arrest
11/11/09	6:00 PM	3900 Locust Walk	Complainant robbed by juveniles
11/12/09	8:54 AM	3624 Market St	Threatening phone call received
11/12/09	11:05 AM	3800 Spruce St	Male had gun with no permit/Arrest
11/13/09	12:55 AM	4100 Locust St	Unknown male attempted to rob complainant
11/13/09	7:36 AM	3600 Sansom St	Male committed assault/Arrest
11/13/09	6:28 PM	4000 Chestnut St	Male robbed by unknown males
11/14/09	2:50 AM	4000 Chestnut St	Offender struck officer/Arrest
11/14/09	9:14 AM	400 University Ave	Male wanted on warrant/Arrest
11/14/09	6:02 PM	4001 Walnut St	Male assaulted female
11/14/09	6:23 PM	1 S 40th St	Male wanted on warrant/Arrest
11/15/09	12:13 AM	3900 Delancey St	2 complainants robbed/2 suspects arrested
11/15/09	2:12 AM	4000 Walnut St	2 males cited for disorderly conduct
11/15/09	11:54 PM	4000 Walnut St	Intoxicated driver arrested

18th District Report

10 incidents with 3 arrests (including 6 robberies and 4 aggravated assaults) were reported between **November 9-15, 2009** by the 18th District covering the Schuylkill River to 49th Street & Market Street to Woodland Avenue.

11/09/09	3:21 AM	5000 Market St	Aggravated Assault
11/10/09	1:50 AM	4000 Spruce St	Aggravated Assault
11/10/09	10:53 PM	4200 Locust St	Robbery
11/12/09	11:26 PM	4700 Woodland Ave	Robbery
11/13/09	12:00 AM	4100 Locust St	Robbery
11/13/09	12:32 AM	4123 Woodland Ave	Robbery
11/13/09	8:00 AM	3600 Sansom St	Aggravated Assault/Arrest
11/13/09	6:22 PM	4000 Chestnut St	Robbery
11/13/09	11:42 PM	4000 Chestnut St	Aggravated Assault/Arrest
11/15/09	12:13 AM	3900 Delancey St	Robbery/Arrest

Almanac Offices: Moving November 25

Almanac will be relocating its offices on Wednesday, November 25. *Almanac* will reopen on Monday, November 30 at the new location on the second floor of 3910 Chestnut Street/3111.

The phone numbers and fax numbers will remain the same.



AT PENN Deadlines

Submissions for the December 8 Update are due *November 30*. The deadline for the January AT PENN calendar, is *Tuesday, December 8*. For more information see www.upenn.edu/almanac/calendar/caldead-real.html.

Almanac Schedule



There is no issue scheduled for the Tuesday after Thanksgiving. Publication resumes on Tuesday, December 8, 15 and 22. After the Winter Break, weekly publication begins on Tuesday, January 12.

Happy Thanksgiving from PennSound

Just in time for Thanksgiving — a PennSound podcast excerpting poems of giving thanks from the PennSound archive: <http://bit.ly/5hgg25>
<http://writing.upenn.edu/pennsound/podcasts.php>.

Almanac

Suite 211 Sansom Place East
3600 Chestnut Street, Philadelphia, PA 19104-6106
Phone: (215) 898-5274 or 5275 FAX: (215) 898-9137
E-Mail: almanac@upenn.edu
URL: www.upenn.edu/almanac

The University of Pennsylvania's journal of record, opinion and news is published Tuesdays during the academic year, and as needed during summer and holiday breaks. Its electronic editions on the Internet (accessible through the PennWeb) include HTML and Acrobat versions of the print edition, and interim information may be posted in electronic-only form. Guidelines for readers and contributors are available on request and online.

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Failing upward: a Journey in Teaching

Emma E. Furth

I teach by fostering critical thinking and true understanding through reason. I hold fast to my tenet that by knowing a few basic, core principles of a subject and understanding how or the mechanisms by which a system works, we obviate the curse of memorization and allow for creativity and an open mind, enabling the discovery of “new” entities and furthering the understanding of the “old.” I invite questions beginning with “why.”

Descartes said, “I think therefore I am.” Do we walk down the hallowed academic halls saying, “I am a faculty member and therefore I teach?” I could put forth an aura of self-importance, claiming that my motives are centered in teaching the future leaders and great doctors of our world. My reasons for devoting such energy to this endeavor are not so aristocratic. I teach for the same reasons I chose my profession as an academic physician—giving meaning to my life. Bottom line, I have fun. Yes, “helping” people is good and the seemingly “right” answer during one’s Medical School interview but one for me which was never uttered as doing so would not be completely genuine. I have always been fascinated by trying to understand how and why things work; the jolt of joy derived from that “aha” moment and insight is a natural “high.” During an interview for medical school, I described with great delight my experiences in my undergraduate research lab. The interviewer seemed very perplexed and annoyed as I spoke with passion about my scientific interests. He leaned toward me with slightly pursed lips and a squint in his eyes and proclaimed with a hint of disdain, “You seem to be more interested in molecules than people.” Without thought to what might be the “politically” correct response to such a condemnation of my expressions of joy and interests, I responded with fervent honesty, “Well, people *are* made of molecules.” The interview ended thusly. I was promptly and surprisingly accepted to that institution but did not elect to attend feeling that such an environment would be the death of my mind, spirit and soul.

Off to another medical school where my hopes were placed to find the critical thinking approach to learning in which I thrived as an undergraduate. My hopes were dashed as the first course of anatomy unveiled itself as a sinister plot to cripple my ego and rob my soul for it demanded memorization of an endless stream of facts; reasoning from first principles, derivation of solutions, and creativity were my cherished belongings that seemed to be confiscated at the door. Nausea ensued as elementary school memories of my agony with bearing my feelings of isolation and despair inflicted by the taunting of students and teachers alike telling me that I was “stupid” because I could not spell or memorize addition tables engulfed my being. Akin to a religious revelation, I vowed given the chance to teach that I would do so differently.

With great excitement and enthusiasm, I began my medical school teaching career. I thought my lectures were great and clinical teaching riveting—I taught from basic principles, I discouraged memorization, I was personable and passionate about the subject matter—I cared. The student evaluations came back and I read their harsh and biting comments which slammed me as a person and my teaching; I secluded myself in my office and cried. I dissected and gulped each and every comment: “Her beeper is too loud.” “She needs to have more detailed lecture handouts.” “Dr. Furth needs to cut down on handouts and save trees.” “Her jokes are lame.” As my clinical duties and training require being seated at the microscope and I being a person in need of not only constant intellectual stimulation but as well physical movement, one trainee exuded disdain for my inability to

sit still, remarking “She needs a staple gun to her butt.” Picking the wet tissues and myself off the floor, I sought refuge and a reality check from a trusted colleague. Taking a small bit of advice and a large dose of her comfort, I charged ahead with my unwavering conviction in my core underlying principles of learning and teaching. I changed my lecture notes without altering an iota of the content or delivery of my lectures including the “lame” jokes. I presented in hard copy from my PowerPoint lecture with underlying written words in the note field as their lecture notes. Despite the fact the many trees were fallen to make this change, the student responses were worth the environmental disaster. Students would comment at our weekly meetings on how much better my teaching was that year as they heard such horrible things from former students. My PowerPoint lectures converted to hand outs were now held as the “gold standard” for all lecture notes. I had now presented to them the exact lecture and more in hard copy such that they did not have to scribble notes but could concentrate on my presentation. They were now more at ease. Interestingly, my once “lame” jokes were now marked as a highlight of my style. With acquired and deliberate political correctness, I thanked them for their feedback all the time thinking to myself “I really have not changed anything in my teaching—I deliver the same lectures—all that has changed is the notes which is only a small part of the process. My content and teaching style are unchanged.” My chair in front of the microscope is devoid of staples and I continue to seek frequent movement during my clinical work and training of residents, multitasking as we go. As I rise from my chair to walk and seek refuge for my legs, they are off tending to tasks for our work. I return revitalized and they return armed to finish our work. Everyone wins.

I have had many wonderful triumphant moments but many more bobbles along my teaching travels. I have learned that while success is sweet, failure has been my most gifted teacher. It is said that we learn from our mistakes; I therefore sit here writing as one of the most learned women at Penn. While Francis Bacon said “knowledge is power,” I have learned that knowledge coupled with wisdom is most powerful. With a few small changes, the perception of my teaching went from abysmal to amazing. But the molecules, fundamental construct and essence of my teaching mode have never changed. One may think that having effectively tweaked my system that all my teaching is now consumed with great delight and gusto. Not true. I still receive a variety of comments often each contradictory. “Dr. Furth’s lectures are poorly organized.” “Dr. Furth’s lectures are clear and understandable—bravo.” While I still cringe at the negative comments, I now chuckle at the realms of divergent responses. I have reached the state of mind I term “teaching existentialism.” When a student cited and criticized with great indignation my now infrequent spelling errors, particularly when I sinned by incorrectly using the plural Latin form of a medical term, I simply smiled; I corrected the error so as not to grate on another Latin nerve but all the while mourning. I fear that this student missed the big picture and connection. They seemed so focused on such an absurd aspect that I wonder if they actually learned anything. In the past I would have cried for me in my office but now instead I grieve for their loss. As my career continues with my being equipped with maturity, wisdom, and a good dash of a sense of humor, I am better able to put into perspective criticism such that I may continually be amazed and enthralled by my journey.

Dr. Emma E. Furth is a professor of pathology and laboratory medicine at HUP and was a recipient of the Lindback Award in 2006.

This essay continues the series that began in the fall of 1994 as the joint creation of the College of Arts and Sciences and the Lindback Society for Distinguished Teaching.

See www.upenn.edu/almanac/teach/teachall.html for the previous essays.